

Curriculum Vitae



Dr. Jinesh Shah

MBBS (India)

MRCPsych (UK)

CCT in Child and Adolescent Psychiatry (UK)

CCT in General Adult Psychiatry (UK)

Postgraduate Diploma in Clinical Psychiatry from University of Leeds (UK)

Psychoanalytical Psychotherapy Training at Birmingham Trust for Psychoanalytical Psychotherapy (UK)

Cert Hyp (UK) - Certificate in Evidence Based Hypnotherapy

Merits and Distinctions

Distinction in First Year and Merit in Second Year at PG Diploma in Clinical Psychiatry from University of Leeds.

Honors in 2nd Prof MBBS Exams in the subject of Community Medicine.

Honors in 3rd Prof MBBS Exams in the subject of Ophthalmology and Otolaryngology.

Clinical Experience

(Worked in UK for 17 years, also worked in USA and India)

Consultant Child, Adolescent and Family Psychiatrist experience in various NHS Trusts in UK including London, Hertfordshire, Berkshire and Isle of Wight.

Experience of working in both Child and Adolescent Psychiatry and General Adult Psychiatry.

Experience of working in Tier 4 Tertiary Inpatient Children and Adolescent Unit in UK.

Experience of Specialist Teams in UK, like Early Intervention in Psychosis, Forensic Psychiatry, Substance Misuse, Learning Disability.

Special Interest experience gained in various modalities in UK, like-

- Psychosexual Clinic.
- Sleep Disorder Clinic.
- National Deaf Child and Adolescent Mental Health Services.
- Liaison Psychiatry including Chronic Fatigue service.
- National Gender Disorder service.
- Youth Offending Service.
- Neurology.

- Perinatal (Mother and Baby) Service.
- Eating Disorder Service.
- Brain Injury Unit.

Management and Service Development experience of setting up a Single Point of Access Team, providing consultation to GP, Schools, Children's Services, and other Tiers 1 and 2 services.

Specialist Registrar experience in Higher Training in Child and Adolescent Psychiatry in West Midlands Deanery.

Specialist Registrar experience in Higher Training in General Adult Psychiatry in London Deanery.

Psychological Therapy Experience

- Psychodynamic Psychotherapy.
- Cognitive Behavioral Therapy.
- Systemic Family therapy.
- Group Therapy.
- Parent-Child Game.
- Under-Five therapy.
- Ward based community group.
- Art Psychotherapy workshop.
- Experiential group.

Management Experience

- Management and Leadership Course at Warwick University, UK.
- Various experiences, example being a Reviewer in Royal College Accreditation Visits, being in the National Project on Payment by Results, etc.

Research and Publication

- Working with Royal College of Psychiatrists Research Unit, on Peer Based Accreditation Services.
- Worked with Research Team in Liverpool University, on Acute Care Pathway Qualitative Survey.

IT Experience

- I have worked with various Electronic Patient Record Systems like RIO, PARIS, JADE, e-PJS. I have been involved with RIO and PARIS systems development projects.
- I have obtained ECDL Level 1 (European Computer Driving License).

Teaching Experience

- Experience of conducting Balint's Psychotherapy Case Discussion Groups for junior doctors in Isle of Wight NHS Trust.
- Experience of teaching junior doctors, Core Psychiatry Trainees, Foundation Trainees. GP/VTS trainees.
- Experience of doing psycho-education groups for patients, parents and carers.

- Experience of teaching medical students from Imperial College London, Barts Medical School London, Birmingham Medical School, Warwick Medical School, Leicester-Warwick Medical School, Leeds-Bradford Medical School, Southampton Medical School.
- Experience of also conducting MBBS Exams Practical at Leicester Warwick Medical School.
- Completed 'Teaching the Teacher'/'Teaching the Trainer of Tomorrow' course.

Please note that my view is that the empathy and humane approach is the main skill of a Psychiatrist and this only comes with experience and skill. This cannot be described or judged in a CV, this can only be felt.

Thanks for your help and support.

Kind Regards,
Dr. Jinesh Shah